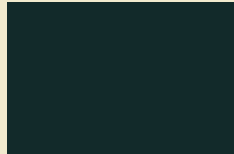


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# NLP DIPLOMA IN COACHING

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# NLP Diploma in Coaching

## PROGRAMME

In essence, a coach is someone who helps another person achieve higher effectiveness by creating a dialogue that leads to awareness and action. Coaching is about bringing out the potential of the coachee, supporting them as they move from where they are to where they want to be, and acting as an accountability partner through the process. Key to being an effective leader is the ability to nurture performance in others. Coaching is one of the ways in which we can do that.

NLP Diploma in Coaching Practice has been specially designed to support you in further enhancing your coaching skills. You will have the opportunity to explore a whole range of topics which will equip you with the knowledge, skills and confidence to lead both yourself and others to greater levels of performance.

NLP, or the Study of Excellence, has long been recognised as a powerful personal and business development tool. It's a way of decoding and reproducing what works in thinking, language and behaviour.

NLP is the study of the structure of your subjective experience. By increasing your awareness of the strategies people are using to achieve what they want, NLP helps you consistently achieve the results you want for yourself, your teams and your organisations.

### What can you expect to achieve?

By the end of this enriching programme you'll be able to:

- Coach yourself and others towards achieving both your own and other's potential
  - Communicate confidently and articulately, in ways that enhance understanding, trust and interest
  - Be aware of their own and others use of both enabling and inhibiting language patterns and challenge, with elegance, those patterns to increase awareness and change
  - Develop a sensitivity to others and understand situations from different points of view, and be able to take effective balance decisions to influence and gain the co-operation and commitment of others
  - Recognise the impact of your own and other's non-verbal communication
  - Deepen and develop your rapport building and listening skills to develop relationships within your team, across the business and with your customers and clients
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- Understand how you and others decipher everyday experiences differently, thus enabling you to flex your communication style and have more impact and influence
  - Consider and adopt beliefs of excellence that support your personal and professional goals
  - Motivate yourself and others by determining the values and criteria by which you and others make decisions
  - Set compelling goals for yourself and for others, in a way that creates ownership and accountability and delivers results for the business
  - Enhance your personal growth through developing your ability to give and receive feedback
  - Be able to use a simple structure to handle performance issues and provide constructive performance feedback
  - Respond resourcefully and creatively to events and changes in your work and personal life.

Imagine improving your communication skills, being able to get the results you want, assisting others in achieving their goals, and enabling yourself and other people to be more resourceful.

By successfully completing this programme, you'll gain a NLP Diploma in Coaching Practice Certification, as well as powerful skills that will allow you to coach yourself and others towards fulfilling both your own and their true potential.

While our training covers the core syllabus required to attain a Diploma Level Qualification, they're also tailored to reflect the individuality and uniqueness of each member of the group. As we work together you'll gain new insights and learning that will contribute to and enrich both your personal and business life.

### **What does the Programme entail?**

During the training, you'll learn about key areas including:

- The Foundations of NLP and Coaching
  - Sensory Awareness
  - Anchoring and State Management
  - Relationship Building and Rapport
  - Representational Systems
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## Language and Thinking Patterns

- Beliefs of Excellence
- Perceptual Positions
- Neurological Level of Change
- Well Formed Outcomes
- Precision Questions
- Clean Language
- Timelines
- NLP as a tool for Modelling Excellence
- And much more.

The investment for 2025 programmes is £1000 plus VAT and includes full catering.

The investment for 2026 programmes is £1250 plus VAT and includes full catering.

For further information, please contact Lisa Brice at [lisa@lisabrice.co.uk](mailto:lisa@lisabrice.co.uk).

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### What delegates say about our NLP Programmes:

“An outstanding course – the best I have experienced in more than 35 years of adult life! Lots of learning, lots of laughter, some tears but altogether a real “Experience of Excellence”.” - **CT, Business Consultant and Executive Coach**

“A life changing, mind-expanding fantastic journey of discovery.” - **PA, HR Director**

“I just feel both privileged and grateful that I was part of such a genuine and fantastic group. The whole experience really did feel like a personal journey and I am a very lucky and privileged woman – truly inspired.” - **JW, HR Manager**

“The practitioner course was a just magical experience and I am truly not just saying this, but you are the best facilitator I have ever experienced – a role model of being NLP, thoughtful, appropriate, challenging and inspiring.” - **RA, Business Manager**

“Just wanted to thank you for making it a year to remember – NLP has so changed my way of thinking for the better!” - **SM, Talent Manager**

“I am loving having access to new strategies – you are an inspiration!” - **JRB, Head Teacher**

“A game changer; well-designed, well-executed and well-lead! If you crave learning and growth, and want to make learning an integral part of your personality - do this programme.” - **MK, Business Consultant**

“Be NLP, use it every day to get excellence out of yourself and others – it will change your thinking and possibly your approach to life!” - **BB, Business Manager and Coach**

“A course that is worth every penny and every minute spent. Be prepared for amazing learning that will stay with you forever!” - **CT, Zumba Teacher**

“The learning is something you will wish you had years ago. The questions you ask yourself daily about situations, your interactions with people, and how to approach life differently to achieve a different outcome are all answered in this programme.” - **SP, CEO Social Media**

“You did an amazing job. It was refreshing to see how you combined your rich experience, with a real passion for trying to help people develop - very inspiring.” - **RE, Clinic & Wellness Director - Clinical Lead ESP Physiotherapist**

“Inspiring learning experience, beautifully facilitated by people who embody and live out the essence of NLP.” - **CR, CEO Media Production**