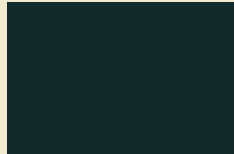


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# NLP ADVANCED DIPLOMA

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# Advanced NLP Diploma in Coaching

## PROGRAMME

Each day presents us with countless chances to engage in self-coaching and offer guidance to others, whether it's within a peer group, in the workplace, or in personal interactions.

The Advanced NLP Diploma in Coaching is designed to empower you to make the most of these opportunities, unlocking untapped potential in both yourself and those around you. This programme equips you to consistently attain the desired outcomes for yourself, your teams, and your organisations.

***“There is no passion to be found playing small – in settling for a life that is less than the one you are capable of living.”***  
**- Nelson Mandela**

Join us to embark on an exhilarating journey to discover your coaching sweet spot and develop your stance as a coach. This masterclass will help you support you and your clients to make lasting changes.

Let's Make Your Change® is distilled into five integral elements:

- **Symbolic** – Making sense of the deep structure of experience through metaphor
- **Social** – Engaging with 'social systems' and 'inner parts'
- **Spatial** – Utilising space to enhance relationship understanding
- **Somatic** – Cultivating your 'Felt Sense' with 'Embodied Coaching'
- **Systemic** – Tapping into 'The Knowing Field'

At the heart of NLP is the principle of modelling excellence – finding out what works and consistently replicating it! This bespoke programme gives you the opportunity to explore, experiment, and engage with a range of different coaching modalities:

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### **NLP Coaching**

We'll delve into various NLP Models to understand the intricacies of human experience, how we perceive the world, and solve problems. Through heightening your awareness and expanding your behavioural flexibility, we aim to nurture your continuous curiosity and embodied kindness. NLP coaching empowers you and your clients to discover a clarity of purpose and meaningful belonging.

### **Coaching with Clean Language**

Clean Language embodies a philosophy and methodology for questioning that rapidly creates a pathway to the heart of an issue. It elicits high-fidelity, invaluable insights that can be transformative in many contexts. As a personal or business coaching technique, it quickly and effectively reveals the structure of the current situation. Following the 'Framework for Change Model,' facilitates ecological and sustainable self-driven change. We are honoured to have Wendy Sullivan, a renowned authority in Clean Language, joining us for a day from The Clean Change Company.

### **Somatic Coaching**

Embodied leadership, often referred to as Somatic Coaching, is fundamentally about how you 'show up'. Our bodies serve as a reflection of our inner identity, reflecting how comfortable we feel in our own skin. Remarkably, 55% of our communication is conveyed through our physiology. Our physical responses to situations tend to manifest more swiftly than our thoughts. Somatic practices will help you embody new actions and ways of being in the world, grounding you in your authenticity and bringing a greater leadership presence to your coaching work.

### **Structural Constellations and Systemic Coaching**

Systemic Coaching with Constellations is a pioneering awareness-based approach for recognising and transforming challenges at both an organisational and personal level. By constructing comprehensive system maps, using a 'wide angle lens', it has the capacity to illuminate the invisible dynamics of even seemingly intractable situations, leading to rapid and efficient resolutions.

### **bQUICK® Coaching**

In today's fast moving business environments, it is often challenging to make time for formal coaching sessions with all of your team members. Nevertheless, you appreciate the value of coaching and aspire to nurture a culture of innovation, accountability and responsibility. Mastering the art of concise coaching-style conversations either in the corridor, at the coffee shop, or even whilst sitting at your computer, enables you to empower, support and develop your people on a daily basis. This continuous engagement enhances their performance, encourages creative and strategic thinking, and facilitates the discovery of solutions to difficult challenges.

### **Horses for Courses® Equine Assisted Coaching**

We use equine assisted, experiential learning techniques to raise personal awareness of core interpersonal skills. We will be exploring your Stance as a Coach – how your leadership presence impacts how you engage and perform in your coaching sessions. Our equine co-facilitators are masters at 'being in the present' – their survival depends on it. They will be providing you with unbiased, real-time, feedback about how they experience you!

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### **How do I book?**

The investment in this four-day programme is £1500.00 plus VAT per participant.

Places are limited to 10 and will be allocated on a first come, first served basis.

Please book early to avoid disappointment and embark on your transformative journey.

Let's make your change®.

Contact Lisa Brice at [lisa@lisabrice.co.uk](mailto:lisa@lisabrice.co.uk) for more information and to book.

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### What delegates say about our NLP Programmes:

“An outstanding course – the best I have experienced in more than 35 years of adult life! Lots of learning, lots of laughter, some tears but altogether a real “Experience of Excellence”.” - **CT, Business Consultant and Executive Coach**

“A life changing, mind-expanding fantastic journey of discovery.” - **PA, HR Director**

“I just feel both privileged and grateful that I was part of such a genuine and fantastic group. The whole experience really did feel like a personal journey and I am a very lucky and privileged woman – truly inspired.” - **JW, HR Manager**

“The practitioner course was a just magical experience and I am truly not just saying this, but you are the best facilitator I have ever experienced – a role model of being NLP, thoughtful, appropriate, challenging and inspiring.” - **RA, Business Manager**

“Just wanted to thank you for making it a year to remember – NLP has so changed my way of thinking for the better!” - **SM, Talent Manager**

“I am loving having access to new strategies – you are an inspiration!” - **JRB, Head Teacher**

“A game changer; well-designed, well-executed and well-lead! If you crave learning and growth, and want to make learning an integral part of your personality - do this programme.” - **MK, Business Consultant**

“Be NLP, use it every day to get excellence out of yourself and others – it will change your thinking and possibly your approach to life!” - **BB, Business Manager and Coach**

“A course that is worth every penny and every minute spent. Be prepared for amazing learning that will stay with you forever!” - **CT, Zumba Teacher**

“The learning is something you will wish you had years ago. The questions you ask yourself daily about situations, your interactions with people, and how to approach life differently to achieve a different outcome are all answered in this programme.” - **SP, CEO Social Media**

“You did an amazing job. It was refreshing to see how you combined your rich experience, with a real passion for trying to help people develop - very inspiring.” - **RE, Clinic & Wellness Director - Clinical Lead ESP Physiotherapist**

“Inspiring learning experience, beautifully facilitated by people who embody and live out the essence of NLP.” - **CR, CEO Media Production**