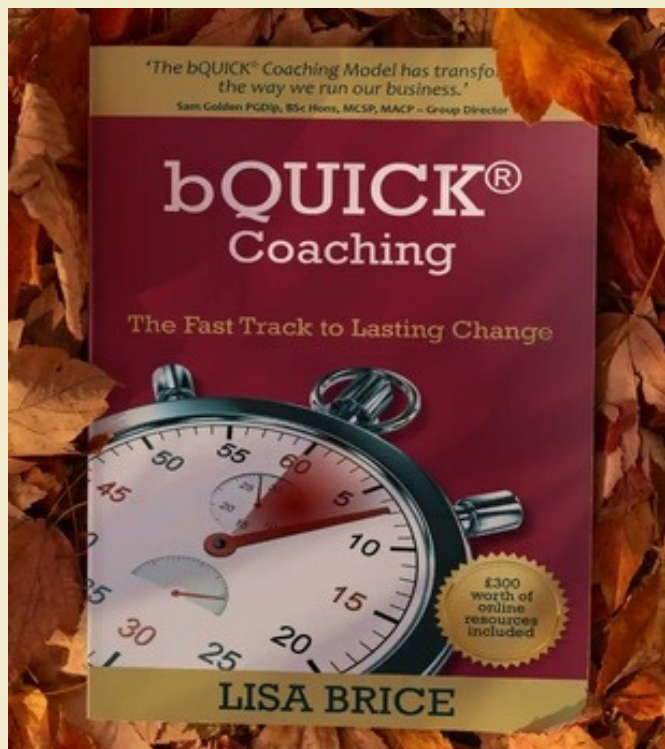
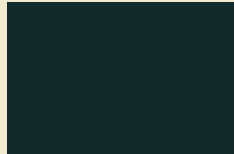

BQUICK COACHING



CHOOSE2B

Join us for our special bQUICK® Coaching PROGRAMME

Tuesday 24th & 25th June 2025
9.30am – 5.30pm

The Old Dairy, Bunkers Hill Farm, Moulton Road, Pitsford,
Northamptonshire, NN6 9BB

Becoming skilled at having quick coaching-style conversations either in the corridor, at a coffee shop or even while sitting at a computer, allows you to empower, support and develop your people on a daily basis to improve performance, think creatively and strategically, and find solutions to difficult challenges.

Whether you are wanting to enhance your personal coaching skills or to master the bQUICK® Coaching Method so you can teach it to others, this masterclass will help you take your coaching to another level.

bQUICK® Coaching Overview:

In today's fast-moving business environments, it is often challenging to make time for formal coaching sessions with all of your team members. Nevertheless, you appreciate the value of coaching and aspire to nurture a culture of innovation, accountability and responsibility. Mastering the art of concise coaching-style conversations is a fast track to lasting change.

Maybe you're familiar with this situation – A colleague catches you in the corridor and asks “Can I talk to you for a moment? I just need some quick input.” Your heart sinks, you are rushing to your next meeting. You're torn between the desire to assist and the urgency of your next commitment. Your thoughts are already focused on the impending meeting, and your body language reveals the internal struggle as you shift from one foot to the other.

And yet you want to help. “OK, what's the problem?” you say. You half listen, and then you give them your best advice – tell them what they should do quickly, succinctly and move on.

And in some situations, with some people, that may have been a good call. However, you could be missing out on an amazing opportunity to develop and empower your people.

Fortunately, there is a solution – with our bQUICK® Coaching Model, you can integrate awareness, intention, and skill to create a meaningful impact in just a few sharply focused moments in the corridor, at the coffee shop or even while sitting at a computer.

Outcomes and Takeaways:

Operating from a refreshingly different level, by the end of this programme, you will have:

- Appreciated the value of having short impactful coaching conversations
- Practiced attuning to and connecting with others
- Enhanced your listening and questioning skills, enabling you to speedily address core issues
- Developed an approach to swiftly transition from identifying problems to focusing on outcomes
- Acquired the ability to empower your coachee by fostering creative solutions
- Learnt how to gain commitments to actions that create lasting change
- Expanded your ability to give and receive feedback
- Gained understanding and practical experience in using the bQUICK® Coaching model
- Explored some of the many coaching principles and models that underpin the bQUICK® Coaching methodology.

This unique programme, enriched with its multi-sensory experiences, will amplify, accelerate and solidify your learning. It will empower you to capitalise on daily coaching opportunities to unleash potential both within yourself and others to consistently achieve the results you want for you, your coaches, your teams, and your organisations.

Becoming a Licensed bQUICK® Coaching Practitioner:

For an additional one-off nominal fee, we are offering a life-time license which entitles you to use the bQUICK® Coaching Model as a licensed practitioner, deliver programmes to train others to use the model, and provides you with digital training collateral. For more information about our criteria and offering, please contact lisa@lisabrice.co.uk.

How do I book?

The investment in this two-day programme is £795 plus VAT per participant. Places are limited to 10 and will be allocated on a first come, first served basis.

Please book early to avoid disappointment and embark on a transformative journey.

Contact Lisa Brice at lisa@lisabrice.co.uk for more information and to book.
