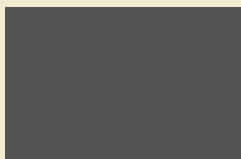
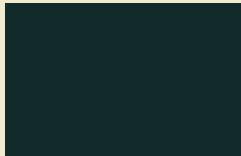

HORSES FOR COURSES



Embodied Leadership

PROGRAMME

Whether you are leading a large organisation, a team, a meeting or a conversation, undoubtedly you will be inviting someone else to do something differently, think differently, or behave differently. Of course, you could force them to, or bully them into it; and this might work for a short period of time but it doesn't tend to work long term.

If you want a fully engaged workforce who are performing to their full potential, then adopting an Embodied Leadership style is more likely to get the result that you want.

As we progress through the programme, you will have the opportunity to experience and explore the key aspects of the Match-Pace-Lead Embodied Leadership Model with the horses and with other participants.

Match

- Being really present and actively listening
- Building rapport with elegance

Pace

- Appreciating the other person's perspective
- Talking in the other person's language

Lead

- Searching for a win-win outcome
 - Being flexible in your behaviour and communication style
 - Influencing with integrity
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What will you achieve?

Your insights will be personal and as a minimum you can expect to have:

- Practiced rapport building techniques and developed a heightened sense of awareness of the impact of your communication
- An appreciation of the importance of developing win-win outcomes
- Developed and deepened your empathetic skills
- An appreciation of the value of having respectful and honest communications
- Developed a sensitivity to others and understand situations from different points of view and be able to take effective, balanced decisions to gain co-operation and commitment
- A heightened awareness of your personal leadership style and how they can use that to develop long term sustainable relationships, both with internal and external customers
- Practised giving and receiving feedback to raise performance
- The ability to generate greater flexibility to respond to ever-more demanding working environments.

After a welcoming coffee, light breakfast and a brief introduction in the training room of this delightful converted barn, you will have the opportunity to practice various leadership techniques, both with the horses and other attendees. Refreshments will be served throughout the day including a two-course lunch.

Who should come?

Whether you are an experienced leader or just starting out on your leadership journey, a leader of many or simply yourself you will benefit from this workshop.

How do I book?

The investment in our one-day programme is £350.00 plus VAT per participant. Places are limited to 8 and will be allocated on a first come first served basis.

Contact Lisa Brice at lisa@horsesforcourses.co.uk for more information and to book.